

**GF** *Gluten Friendly (Excluding Biscuit)*

**Full menu served all day long!**

**V** *Vegan*

**FANTASTIC FAVORITES**

**EGG-STRAVAGANZA\***

Two eggs\* served with one signature chicken sage sausage patty, two strips of crispy all-natural nitrate free applewood bacon, creamy dreamy grits and thick sliced French toast with raspberry sauce and honey crème anglaise. Served with a fluffy flying biscuit. 14.99

**GF FLYING BISCUIT BREAKFAST\***

Two eggs\* served with choice of two signature sage sausage patties or three strips of bacon, creamy dreamy grits and a fluffy flying biscuit. 11.49

**GA PEACHES & CREAM WAFFLE BREAKFAST\***

Two eggs\* served with two chicken sage sausage patties, creamy dreamy grits and a house-made golden Belgian waffle topped with warm peach compote, honey crème anglaise and whipped cream. Served with a fluffy flying biscuit. 15.99

**HANGOVER HASH\***

Our own “moon dusted” potatoes with a heavy downpour of queso, covered with chicken chorizo, crispy buttermilk chicken and topped with two over medium eggs\*, black bean salsa with a sprinkle of cilantro. 13.99

**DROPS OF JUPITER**

Two of our light and fluffy buttermilk pancakes topped with butter, served with syrup and a side of our creamy dreamy grits. 10.99  
Sweeten your stack with chocolate chips, bananas, blueberries or strawberries for 1.00

**NEW**

**BREAKFAST BISCUIT SANDWICHES\***

Egg* 2.49	Egg and Cheese* 2.99
Sausage 3.99	Bacon 3.99
Vegan Sausage 4.99	Chicken 4.99

Add egg\* or cheese additional charge.

**HIGH FLYER\***

Two eggs served with a choice of two signature sage sausage patties or three strips of bacon, creamy dreamy grits and choice of a buttermilk pancake or Belgian Waffle. Served with a fluffy flying biscuit. 14.99 Substitute an organic oatmeal pancake topped with warm peach compote for 1.00

**BISCUIT EGGS AND GRAVY\***

Split biscuit topped with scrambled eggs\* and our own chicken sausage gravy, served with creamy dreamy grits. 11.99

**FL SUNSHINE WAFFLE BREAKFAST\***

Two eggs\* served with two chicken sage sausage patties, creamy dreamy grits and a house-made golden Belgian waffle topped with fresh strawberries, banana, blueberries and powdered sugar. Served with a fluffy flying biscuit. 15.99

**CHORIZO HASH\***

Chicken chorizo, “moon dusted” potatoes, red and green peppers, onions and cheddar cheese topped with two over medium eggs\*, tomatillo salsa and cilantro. Served with a fluffy flying biscuit. 13.49

**BEST I EVER HAD**

Two thick slices of French toast topped with raspberry sauce and honey crème anglaise. Served with creamy dreamy grits. 10.99

**NEW**

**BREAKFAST BURRITOS**

Bacon Egg* and Cheese 6.99
Sausage Egg* and Cheese 6.99
Southwest - Chorizo, egg*, cheddar cheese, black bean salsa 7.99

**STUFFED FRENCH TOAST BREAKFAST\***

Two thick slices of challah bread dipped in our signature batter, grilled, stuffed with sweet cream cheese and topped with raspberry sauce, honey crème anglaise, fresh strawberries and powdered sugar. Served with two eggs\*, two chicken sage sausage patties, creamy dreamy grits and a fluffy flying biscuit. 15.99

**GF STEAK AND EGGS\***

6oz NY Strip steak\* grilled to medium rare, served with two eggs\*, creamy dreamy grits and a fluffy flying biscuit. 15.99

**THREE AMIGOS BREAKFAST TACOS\***

Three corn tortillas stuffed with scrambled eggs\*, yellow cheddar cheese, chicken chorizo, black bean salsa and sour cream. Served with a side of “moon dusted” potatoes and our three amigos dipping trio of queso, salsa verde and signature hot sauce. 13.99

**PANCAKE TACOS\***

Two buttermilk pancakes stuffed with four scrambled eggs\* and choice of signature chicken sage sausage, all-natural nitrate free applewood bacon or chicken chorizo and cheddar cheese. Served with our “moon dusted” potatoes. 13.49

**STRAWBERRY CHEESECAKE STUFFED FRENCH TOAST**

Two thick slices of challah bread dipped in our signature batter, grilled, stuffed with sweet cream cheese and topped with raspberry sauce, honey crème anglaise, fresh strawberries and powdered sugar. Served with creamy dreamy grits. 11.99

**NEW**

**MINI BREAKFAST BOWLS\***

Served with a fluffy flying biscuit.  
Sausage Egg\* and Cheese 7.99  
Bacon Egg\* and Cheese 7.99  
Chorizo Egg\* and Cheese 7.99

**CHICKEN & WAFFLES**

Try our **NEW**  
Nashville Hot Chicken  
and Waffle

**CHICKEN & WAFFLE**

A house-made golden waffle topped with crispy buttermilk chicken tenders. 11.99

**DIRTY BIRD\***

A house-made golden waffle, topped with crispy buttermilk chicken tenders, two over medium eggs\* and chicken sausage gravy. 13.99

**HONEY BUTTER CHICKEN WAFFLE**

A house-made golden waffle topped with crispy honey butter chicken tenders. 12.99

**HOT CHICKEN & WAFFLE**

A house-made golden waffle topped with our signature **HOT** chicken tenders. 11.99

**HOT DIRTY BIRD\***

A house-made golden waffle, topped with our signature **HOT** chicken tenders, two over medium eggs\* and chicken sausage gravy. 13.99

**HOT HONEY BUTTER CHICKEN WAFFLE**

A house-made golden waffle topped with crispy **HOT** honey butter chicken tenders 12.99

**“OH MY GRITS” BOWL\* 11.99**

Build your own bowl or 3-egg omelette. Choose four toppings. Add additional toppings for \$1.49 each. Served with a fluffy flying biscuit.

**PROTEIN**

Turkey or Pork Bacon, Chicken Sausage, Chorizo  
Add Shrimp or Chopped Smoked Salmon 2.49  
Two Eggs\* Any Style - Additional Egg\* .99

**CHEESE**

White or Yellow Cheddar Cheese, American Cheese, Goat Cheese, Parmesan

**VEGETABLES**

“Moon Dusted” Potatoes, Red and Green Peppers, Spinach, Diced Tomatoes, White Onions, Mushrooms

**MAKE YOUR OWN 3-EGG OMELETTE 12.99**

Served with a side of creamy dreamy grits.

**SCRAMBLES & OMELETTES**

**GF SMOKED SALMON SCRAMBLE\***

Three eggs\* scrambled with chopped wood-smoked salmon and dill cream cheese. Served with creamy dreamy grits and a fluffy flying biscuit. 12.99

**GF SOUTHERN SCRAMBLE\***

Three eggs\* scrambled with crispy all-natural nitrate free applewood bacon, spicy vegan collard greens, onions and yellow cheddar cheese. Served with creamy dreamy grits and a fluffy flying biscuit. 12.99

**GF PIEDMONT OMELETTE\***

Three eggs\*, signature chicken sage sausage, crispy all-natural nitrate free applewood bacon, onions and yellow cheddar cheese. Served with creamy dreamy grits and a fluffy flying biscuit. 12.99

**BENEDICTS**

**CLASSIC BENEDICT\***

English muffin topped with Canadian bacon, two over medium eggs\*, and hollandaise. Served with creamy dreamy grits. 11.99

**FREEBIRD\***

Split biscuit topped with crispy buttermilk chicken tenders, two over medium eggs\*, chicken sausage gravy and drizzled with syrup. Served with creamy dreamy grits. 12.99

**HONEY BUTTER CHICKEN BENEDICT**

Split biscuit topped with crispy buttermilk chicken tenders, cheesy scrambled eggs\*, and home-made honey butter. Served with creamy dreamy grits. 12.99

**SIDES**

ONE FLUFFY FLYING BISCUIT with cranberry apple butter 1.79

**GF** SIGNATURE CHICKEN SAGE SAUSAGE PATTIES (2 patties) 3.99

**GF** CRISPY ALL-NATURAL NITRATE FREE APPLEWOOD PORK BACON (3 strips) 3.99

**GF** CRISPY TURKEY BACON (3 strips) 3.99

**V GF** BEYOND BREAKFAST SAUSAGE PATTIES (2 patties) 4.99

CHICKEN SAUSAGE GRAVY 3.79

ONE FLUFFY BUTTERMILK PANCAKE served with butter and syrup. 3.99

ONE ORGANIC OATMEAL PANCAKE served with peach compote. 4.99

ONE BELGIAN WAFFLE served with butter and syrup. 4.99

ONE THICK SLICE OF FRENCH TOAST served with honey crème anglaise and raspberry sauce. 4.99

TOAST OR ENGLISH MUFFIN 1.99

**GF** GRITS award winning, creamy, dreamy, white cheddar cheese grits 3.99

LOADED GRITS topped with queso and applewood smoked pork bacon. 4.99

**V GF** FRESH SEASONAL FRUIT 3.99

YOGURT with granola and fruit 4.99

“MOON DUSTED” POTATOES 3.99

LOADED “MOON DUSTED” POTATOES covered in queso, and applewood smoked pork bacon. 4.99

TWO EGGS\* ANY STYLE 2.99

GRILLED MAC & CHEESE 3.99

**V GF** SPICY VEGAN COLLARD GREENS 3.99

AVOCADO TOAST sprinkled with sea salt and diced tomatoes. 4.49



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## VEGETARIAN AND VEGAN OPTIONS

### CALIFORNIA DREAMER\*

Whole wheat toast topped with fresh smashed avocado, sprinkled with sea salt and diced tomatoes. Served with two eggs\* and fresh fruit. 10.99

### **GF** GARDEN FRESH VEGGIE SCRAMBLE\*

Three eggs\* scrambled with onions, red and green peppers, spinach, mushrooms and white cheddar cheese. Served with creamy dreamy grits and a fluffy flying biscuit. 12.99

### **GF** HOLLYWOOD OMELETTE\*

Three egg\* whites, spinach, mushrooms, and white cheddar cheese, topped with warm tomato coulis. Served with creamy dreamy grits and a fluffy flying biscuit. 12.99

### **V** BEYOND BURGER

1/4 pound patty, lettuce, avocado and vegan chipotle sauce served on a sesame seed bun. Served with house seasoned kettle chips. 11.99

### **V** VEGAN TOFU SCRAMBLE

Tamari-marinated tofu scrambled with red and green peppers, onions, spinach and mushrooms. Served with fresh fruit and whole wheat toast. 12.99

### **V** VEGAN TOFU WRAP

Spicy soy marinated tofu, chopped romaine, tomatoes, red and green peppers, chopped fresh mushrooms, fresh basil and a spicy vegan chipotle sauce wrapped in a flour tortilla. Served with house seasoned kettle chips. 9.99

### **GF** EGG-STRAORDINARY\*

Two eggs\* served with our “moon dusted” potatoes, creamy dreamy grits and a fluffy flying biscuit. 9.99

### **GF V** OATMEAL

Sprinkled with brown sugar and topped with fresh fruit. 4.99

## BURGERS

*All come with house seasoned kettle chips.*

### MR BIG\*

Two 1/4 pound beef\* patties, grilled onions, American cheese, pickles, lettuce and special sauce. 12.99

### JOE DIRT BREAKFAST BURGER\*

Two quarter pound beef\* patties, smoked gouda cheese, bacon and 1 over-medium egg. 13.99

Try one of our  
NEW sandwiches!

## SANDWICHES

*All come with house seasoned kettle chips.*

### HASTA LA SAUSAGE, BABY

A plump, juicy chicken sausage link topped with our signature chicken chorizo, queso and onions served on a buttered, toasted brioche bun. 9.99

### NASHVILLE HOT CHICKEN SANDWICH

Nashville **HOT** chicken tenders on a toasted, buttered sesame bun topped with pickles and American cheese. 12.99

### HERE'S JOHNNY CHEESE STEAK

Chopped sirloin steak, white American cheese, grilled onions, lettuce and thin-sliced tomato served on a toasted, buttered sub roll. 14.99

### “YOU'RE BACON ME CRAZY” CLUB SANDWICH

Ham, Turkey, Smoked Gouda, Bacon, lettuce, tomato and mayonnaise stacked on sourdough bread. 12.99

### RUEBEN CUBAN FEFFER

Grilled ham and turkey, Swiss cheese, pickles and thousand island served on toasted rye bread. 13.99

## BOWLS AND PLATES

*Served with a fluffy flying biscuit.*

### CRISPY BUTTERMILK CHICKEN TENDERS

Crispy buttermilk chicken tenders, grilled macaroni and cheese and spicy vegan collard greens. 12.99 Make it **HOT**

### CHICKEN COBB SALAD

Chopped romaine topped with crispy buttermilk chicken, bacon, white cheddar cheese, hard boiled egg and diced tomato. Served with choice of dressing. 12.99

### SHRIMP AND GRITS ENTRÉE

Creamy dreamy white cheddar cheese grits topped with blackened shrimp, roasted red pepper tomato sauce and fresh basil. 14.99 Half portion 7.49

NEW

### SNAP OUT OF IT

A fine chopped salad with kale, quinoa, parmesan cheese, sunflower seeds and peanut-lime vinaigrette dressing. 9.99 Add chicken 14.99 Add shrimp 15.99

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We do not claim that items marked as gluten-friendly are “gluten free” because we cannot confirm that they meet the FDA’s definition of “gluten free” (< 20 parts per million of gluten). Because we have multiple sources of gluten in our shared cooking and prep areas, we are unable to guarantee that any menu item can be completely free of gluten or allergens.

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WHEN PLACING YOUR ORDER AT THE FLYING BISCUIT CAFÉ, PLEASE ALERT THE MANAGER ON DUTY TO ANY FOOD ALLERGY OR SENSITIVITY. WE WILL THEN TRY OUR BEST TO AVOID ANY ACCIDENTAL CROSS-CONTACT, BUT CAN OFFER NO GUARANTEE AND ACCEPT NO LIABILITY. THE MORE INFORMATION RELATING TO YOUR SPECIFIC NEEDS YOU CAN PROVIDE, THE BETTER WE CAN ATTEMPT TO PROTECT AND PROVIDE YOU WITH A SAFE MEAL. THANK YOU!

\*THESE ITEMS MAY BE SERVED RAW OR UNDERCOOKED. CONSUMING RAW OR UNDERCOOKED MEAT, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOOD-BORNE ILLNESS.