**GLuten FRIENDLy (Excluding Biscuit)**

**Egg-stravaganza**
- Two eggs served with one signature chicken sage sausage patty, two strips crinkled-cut fries, applewood bacon, creamy dreamy grits and a fluffy flying biscuit. 12.99

**Flying Biscuit Breakfast**
- Two eggs served with two signature chicken sage sausage patties, creamy dreamy grits and a fluffy flying biscuit. 11.99

**Ga Peaches & Cream Waffle Breakfast**
- Two eggs served with two chicken sage sausage patties, creamy dreamy grits and a house-made golden Belgian waffle topped with warm peach compote, honey crème anglaise and whipped cream. Served with a fluffy flying biscuit. 15.99

**Hangover Hash**
- Our own "mean duded" potatoes with a heavy dosage of curry, covered with chicken, crispy buttermilk chicken and topped with two over medium eggs, black bean salsa and a sprinkle of cilantro. 14.95

**Three Amigos Breakfast Tacos**
- Three corn tortilla soft tacos with scrambled eggs, yellow cheddar cheese, chicken, crispy buttermilk chicken and topped with a side of "mean duded" potatoes and our three amigos dressing of greek, salsa verde and signature hot salsa. 19.99

**Flakes of Jupiter**
- Two of our light and fluffy buttermilk pancakes topped with butter, served with syrup and a side of our creamy dreamy grits. 10.95. Add three strips of crispy all-natural nitrate free applewood bacon or two signature chicken sage sausage patties for 4.95. Served with creamy dreamy grits. 12.99

**Chicken & Waffles**
- A house-made golden waffle topped with crispy buttermilk chicken tenders. 12.99

**Dirty Bird**
- A house-made golden waffle topped with crispy buttermilk chicken tenders, two over medium eggs and chicken sausage gravy. 14.99

**Honey Butter Chicken Waffle**
- A house-made golden waffle topped with crispy honey butter chicken tenders. 13.99

**HOT CHICKEN Waffles**
- A house-made golden waffle topped with our signature HOT chicken tenders. 13.99

**HOT DIny Bird**
- A house-made golden waffle topped with our signature HOT chicken tenders, two over medium eggs and chicken sausage gravy. 15.99

**HOT Honey Butter Chicken Waffle**
- A house-made golden waffle topped with crispy HOT honey butter chicken tenders. 14.99

**Smoked Salmon Scramble**
- Three eggs scrambled with chopped wood-smoked salmon and dill cream cheese. Served with creamy dreamy grits and a fluffy flying biscuit. 15.99

**Southern Scramble**
- Three eggs scrambled with crispy all-natural nitrate free applewood bacon, spicy vegan collard greens, onions and yellow cheddar cheese. Served with creamy dreamy grits and a fluffy flying biscuit. 15.99

**CLASSIC BENEDICT**
- English muffin topped with Canadian bacon, two over medium eggs, and hollandaise. Served with creamy dreamy grits. 12.99

**FreeBird**
- Split biscuit topped with crispy buttermilk chicken tenders, two over medium eggs, chicken sausage gravy and dill cream cheese. Served with creamy dreamy grits. 16.99

**Grits**
- Grits award winning, creamy, dreamy, white cheddar cheese grits. 3.99

**SIGNATURE CHICKEN SAGE SAUSAGE Patties**
- Served with applewood bacon kale and a fluffy flying biscuit. 4.99

**CRISPY ALL-NATURAL FRINGE APPLEWOOD PORK BACON**
- Three strips of crispy all-natural nitrate free applewood pork bacon. 4.99

**CRISPY TURKEY BACON**
- One slice of crispy turkey bacon. 4.99

**Beyond Breakfast Sausage Patties**
- Two over medium eggs, chicken sausage gravy and dill cream cheese. Served with creamy dreamy grits. 15.99

**Chicken Sage Gravy**
- One house-made golden waffle served with butter and syrup. 3.99

**One Organic Oatmeal Pancake**
- Served with peach compote. 4.99

**One Belgaian Waffle**
- Served with butter and syrup. 4.99

**One Thick Slice of French Toast**
- Served with honey crème anglaise and raspberry sauce. 5.29

**Grits**
- Grits served with applewood bacon kale and a fluffy flying biscuit. 4.99

**Honey Butter Chicken Benedict**
- Split biscuit topped with crispy buttermilk chicken tenders, cheesy scrambled eggs, and home-made honey butter. Served with creamy dreamy grits. 15.99

**OH My Grits* BOWL**
- Build your own Bowl. Choose four toppings. Add additional toppings for $1.29 each. Served with a fluffy flying biscuit.

**Protein**
- Turkey or Pork Bacon, Chicken Sausage, Chorizo Add Shrimp or Chopped Smoked Salmon 3.99

**Two Egg Any Style**
- Add additional egg for $1.29 each. Served with a fluffy flying biscuit.

**Cheese**
- White or Yellow Cheddar Cheese, American Cheese, Goat Cheese, Parmesan

**Vegetables**
- "Moon Dustred" Potatoes, Red and Green Peppers, Spinach, Diced Tomatoes, White Onions, Mushrooms

**One Fluffy Flying Biscuit**
- with cranberry apple butter. 1.99

**Stuffed French Toast Breakfast**
- Two thick slices of challah bread dipped in our signature batter, grilled, stuffed with sweet cream cheese and topped with raspberry sauce, honey crème anglaise, fresh strawberries and powdered sugar. Served with two eggs, two chicken sage sausage patties, creamy dreamy grits and a fluffy flying biscuit. 16.99

**Bacon and Eggs Breakfast**
- Two eggs served with three strips of crispy all-natural nitrate free applewood bacon, black bean salsa and a fluffy flying biscuit. 13.99

**Waffle Breakfast**
- Two eggs served with two chicken sage sausage patties, creamy dreamy grits and a house-made golden Belgian waffle. Served with a fluffy flying biscuit. 16.99

**Pancake Tacos**
- Two corn tortilla soft tacos stuffed with four scrambled eggs and cheddar cheese. Served with our "mean duded" potatoes, all-natural nitrate free applewood bacon or chicken cheddar and cheddar cheese. Served with our "moon dusted" potatoes. 13.99

**Steak and Eggs**
- 6oz NY Strip grilled to medium rare, served with two eggs and creamy dreamy grits and a fluffy flying biscuit. 16.99

**Strawberry Cheesecake Stuffed French Toast**
- Two thick slices of challah bread dipped in our signature batter, grilled, stuffed with sweet cream cheese and topped with raspberry sauce, honey crème anglaise, fresh strawberries and powdered sugar. Served with creamy dreamy grits. 12.99

**Egg Sarnie**
- Served with our "mean duded" potatoes, all-natural nitrate free applewood bacon or chicken cheddar and cheddar cheese. Served with our "moon dusted" potatoes. 13.99

**Lemon Mint**
- Light and zesty lemon with a hint of mint for a refreshing and invigorating experience. 1.99
**VEGETARIAN AND VEGAN OPTIONS**

- **CALIFORNIA DREAMER**
  Whole wheat toast topped with fresh smashed avocado, sprinkled with sea salt and diced tomatoes. Served with two eggs and fresh fruit. 12.99

- **HOLLYWOOD OMELETTE**
  Three egg whites, spinach, mushrooms, and white cheddar cheese, topped with warm tomato relish. Served with creamy dreamy grits and a fluffy flying biscuit. 13.99

- **VEGAN TOFU WRAP**
  Spicy soy marinated tofu, chopped romaine, tomatoes, red and green peppers, chopped fresh mushrooms, fresh basil and a spicy vegan chipotle sauce wrapped in a flour tortilla. Served with house seasoned kettle chips. 11.99

- **GARDEN FRESH VEGGIE SCRAMBLE**
  Three eggs scrambled with onions, red and green peppers, spinach, mushrooms and white cheddar cheese. Served with creamy dreamy grits and a fluffy flying biscuit. 12.99

- **BEYOND BURGER**
  1/2 pound patty, lettuce, avocado and vegan chipotle sauce served on a sesame seed bun. Served with house seasoned kettle chips. 12.99

- **EGG-STRAORDINARY**
  Two eggs served with our “mean dotted” potatoes, creamy dreamy grits and a fluffy flying biscuit. 10.99

- **VEGAN TOFU SCRAMBLE**
  Tamarind marinated tofu scrambled with red and green peppers, onions, spinach and mushrooms. Served with fresh fruit and whole wheat toast. 10.99

- **OATMEAL**
  Sprinkled with brown sugar and topped with fresh fruit. 6.99

**SONNY & SHARE**

- **FRIED GREEN TOMATOES**
  Classic Southern sliced green tomatoes seasoned with cornmeal and topped with house-made cashew-jalapeño relish, tangy goat cheese and a side of buttermilk ranch. 7.99

- **MINI SHRIMP AND GRITS**
  Creamy dreamy white cheddar cheese grits topped with blackened shrimp, roasted red pepper tomato sauce and fresh basil. Served with a fluffy flying biscuit. 6.99

**BURGERS**

- **THE BIG CHEESY PATTY MELT**
  Two 1/4 pound beef patties, homemade cheese, crispy all-natural nitrate free applewood bacon, pickled chips and grilled onions on grilled challah. 12.99

- **DOUBLE CHEESEBURGER**
  Two 1/4 pound patties grilled and topped with American Cheese, lettuce, tomato and pickles chips. Served on a toasted sesame seed bun. 12.99

- **WAKE UP BURGER**
  Two 1/4 pound beef patties, crispy all-natural nitrate free applewood bacon, a fried egg, avocado, white cheddar cheese and tomato on a toasted sesame seed bun. 13.99

**SANDWICHES**

- **FRIED GREEN TOMATO BLT**
  Crispy all-natural nitrate free applewood bacon, two fried green tomatoes, lettuce, cashew-jalapeño relish and goat cheese served on a choice of bread. 12.99

- **HOT-LANTA CHICKEN SANDWICH**
  Signature Hot chicken tenders, drizzled with sauce, topped with pickles, and served on a sesame seed bun. 13.99

- **CHICKEN CLUB**
  Crispy buttermilk chicken tenders, melted cheese, crispy all-natural nitrate free applewood bacon, sliced tomato, lettuce and chipotle mayo on choice of bread. 13.99

- **BACON LOVERS BLT**
  Five strips of crispy all-natural nitrate free applewood bacon, red ripe tomatoes, lettuce and mayo on choice of lightly toasted bread. 11.99

**BOWLS AND PLATES**

- **CRISPY BUTTERMILK CHICKEN TENDERS**
  Crispy buttermilk chicken tenders, grilled macaroni and cheese and spicy vegan collard greens. 14.99

- **SHRIMP AND GRITS ENTRÉE**
  Creamy dreamy white cheddar cheese grits topped with blackened shrimp, roasted red pepper tomato sauce and fresh basil. 16.99

- **CHICKEN COBB SALAD**
  Chopped romaine topped with crispy buttermilk chicken, bacon, white cheddar cheese, hard boiled egg and diced tomato. Served with choice of dressing. 12.99

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Gluten Friendly (Excluding Biscuit)  Vegan

**Gluten Friendly (Excluding Biscuit)**

We do not claim that items marked as gluten-friendly are “gluten free” because we cannot confirm that they meet the FDA’s definition of “gluten free” (<=20 parts per million of gluten). Because we have multiple sources of gluten in our shared cooking and prep areas, we are unable to guarantee that any menu item can be completely free of gluten or allergens.

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**WHEN PLACING YOUR ORDER AT THE FLYING BISCUIT CAFE, PLEASE ALERT THE MANAGER ON DUTY TO ANY FOOD ALLERGENS OR SENSITIVITIES. WE WILL THEN TRY OUR BEST TO AVOID ANY RESIDENTIAL CROSS-CONTAMINATION, BUT CANNOT OFFER GUARANTEE AND ACCEPT NO LIABILITY. THE MORE INFORMATION RELATIVE TO YOUR SPECIFIC NEEDS YOU CAN PROVIDE, THE BETTER WE CAN ATTEMPT TO PROTECT AND PROVIDE YOU WITH A SAFE MEAL. THANK YOU!**

*THOSE ITEMS MAY BE SERVED RAW OR UNDERCOOKED. CONSUMING RAW OR UNDERCOOKED MEAT, POULTRY, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOOD-BORNE ILLNESS.*