

BREAKFAST AND LUNCH BUFFETS

Served buffet style or individually packaged. **Minimum of 10 people for buffet style orders.** Pricing per person.

Flying Biscuit Power Breakfast

Large farm fresh eggs scrambled, our signature chicken sage sausage, all-natural nitrate-free applewood bacon, southern style grits, "moon dusted" breakfast potatoes and a fluffy Flying Biscuit with our famous cranberry apple butter. 13.99

Power Breakfast with Thick Sliced French Toast

Our power breakfast with thick sliced French toast, honey crème anglaise, raspberry sauce, and syrup. **16.99**

Power Breakfast with Buttermilk Pancake

Our power breakfast with fluffy buttermilk pancakes served with butter and syrup. **16.99**

Power Breakfast with Belgian Waffle

Our Power Breakfast with house-made golden Belgian waffles served with butter and syrup. **16.99**

Vegan Power Breakfast

Tamari marinated tofu scrambled with onions, red peppers, mushrooms, and spinach. Served with Beyond sausage and fresh fruit. **13.99**

Bistro Chicken Buffet

Bistro Chicken served with a choice of two sides and fluffy Flying Biscuits with cranberry apple butter.
Choice of dipping sauces. **15.99**

Burger Bar

Choice or combination of beef burgers and Beyond burgers. Burger condiments are bacon, cheese, lettuce, tomato, onion, and pickles. Choice of one side. **15.99**

Firecracker Shrimp and Grits

Famous creamy dreamy white cheddar cheese grits topped w/ crispy firecracker shrimp, pineapple pico & fresh herbs with a drizzle of sweet chili aoili **15.99**

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Breakfast Sandwich Platter

An assortment of biscuit sandwiches filled with chicken sausage, Beyond sausage, pork bacon, turkey bacon, bistro chicken and egg and cheese. **6.49 per person**

Assorted Continental Tray

An assortment of our fresh baked muffins and fluffy Flying Biscuits with cranberry apple butter.

Small (serves 10) 44.99 | Medium (serves 15) 54.99 | Large (serves 20) 64.99

Bistro Chicken and Waffle

House-made golden Belgian waffle topped with crispy bistro chicken. Served with butter and syrup. **13.49**

Fluffy Pancake Tray

Fluffy buttermilk pancakes served with butter and syrup. **6.99 per person**

Heavenly French Toast Tray

Served with honey crème anglaise, raspberry sauce, and syrup. **6.99 per person**

Belgian Waffle Tray

House-made golden Belgian waffle served with butter and syrup. **6.99 per person**

Blissful Bites Donut Hole Platter

Donut holes with powdered sugar and topped with honey crème anglaise. **50 count \$40 | 100 count \$65**

Cookie Platter

An assortment of chocolate chip, peanut butter cup and oatmeal raisin (contains walnuts) cookies. **1.49 per cookie**

Muffin Platter

An assortment of fresh baked muffins. Small (serves 10) 39.99 | Medium (serves 15) 49.99 | Large (serves 20) 59.99

Seasonal Fresh Fruit Platter

Small (serves 12) 29.99 | Large (serves 20) 44.99

BREAKFAST

served with your choice of a breakfast side. pricing per person.

Vegan Breakfast Box

Includes a tamari marinated tofu scramble with mushrooms, onions, red peppers, and spinach. Served with fresh seasonal fruit. 12.99

Breakfast Sandwich Box

Choose a biscuit sandwich. It's biscuit time!! 9.99

Breakfast Burrito Box

Includes a delicious breakfast burrito with a side of pineapple pico. 11.99

Veggie Scramble

An egg scramble w/ mushrooms, red peppers, onions, spinach, & white cheddar cheese. Served with a fluffy Flying Biscuit with cranberry apple butter. 13.49

Meat Lover's Scramble

A fan favorite scramble with chicken sausage, applewood smoked pork bacon, onions, and cheddar cheese. Served with a fluffy Flying Biscuit with cranberry apple butter. 13.49

Bacon and Eggs Breakfast

Scrambled eggs, choice of applewood smoked pork bacon or turkey bacon. Served w/a fluffy Flying Biscuit & cranberry apple butter. 12.49

Flying Biscuit Sausage Breakfast

Scrambled eggs, two chicken sausage patties. Served w/ a fluffy Flying Biscuit & cranberry apple butter. 12.49



includes a choice of chips and cookies. pricing per person.

Spicy Vegetarian Wrap

Beyond sausage, avocado, red peppers, white American cheese, tomato, lettuce, sweet chili gioli all in a flour tortilla. 12.99

Oven-Roasted Turkey Club Wrap

Sliced oven-roasted turkey, bacon, white American cheese, lettuce, tomato, and honey mustard all wrapped in a flour tortilla. Includes a choice of chips and cookies. 12.99

Chicken Caesar Wrap

Crispy parmesan-herb encrusted chicken, Caesar dressing, chopped romaine, parmesan, and crispy bacon. Served with truffle-parmesan fries. Includes a choice of chips and cookies. 12.99

Chopped Caesar Salad

Chopped romaine, our famous Caesar dressing w/ fresh parmesan and croutons. 12.99 Add grilled shrimp or crispy chicken 3.99

Bistro Chicken Box

Bistro chicken with a choice of side item and a fluffy Flying Biscuit with cranberry apple butter. Choice of dipping sauce. 13.49

Nashville Hot Chicken Wrap

Crispy parmesan-herb encrusted chicken, iceberg lettuce, pickles, tomatoes & queso in a warm tortilla wrap. 14.99

Firecracker Shrimp Wrap

Crispy shrimp, shredded lettuce, avocado, sweet chili aoili & pineapple pico rolled into a warm tortilla wrap. 14.99

A LA CARTE AND HEAVENLY ADDITIONS

Farm Fresh Scrambled Eggs

Make it a pan to feed 15-20 34.99

Turkey Bacon 3 strips 4.19 per person

Vegan Beyond Breakfast Sausaae 2 patties 4.49 per person

Chicken Sage Sausage Gravy

(don't forget the biscuits) Make it a pan to feed 15-20 39.99

All-Natural Nitrate-Free Applewood Pork Bacon 3 strips 4.19 per person

Creamy Dreamy White Cheddar Cheese Grits Make it a pan to feed 15-20 39.99

"Moon Dusted" **Breakfast Potatoes**

Make it a pan to feed 15-20 39.99

Signature Chicken Sage Sausage 2 patties 4.19 per person

SWEET TREATS AND BEVERAGES

Fresh Brewed Coffee

Our freshly brewed dark roast coffee served with cream, sugar, artificial sweeteners, cups, and stirrers, Serves 8-10 24.99

Gallon of OJ Serves 8-10 14.39

Gallon of Lemonade Serves 8-10 11.99

Gallon of Assorted Fruit Juices

Apple Cranberry - Grapefruit. Serves 8-10 11.99

Gallon of Sweet or Unsweet Tea Serves 8-10 11.99

Bottled Water 1.99

Serving Knoxville

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