

FANTASTIC FAVORITES

EGG-STRAVAGANZA*

Two eggs* served with one signature chicken sage sausage, two strips of crispy applewood bacon, creamy dreamy grits and thick sliced French toast with raspberry sauce and honey crème anglaise. 14.99

HIGH FLYER*

Two eggs* served with chicken sage sausage, or applewood bacon, creamy dreamy grits and a choice of a buttermilk pancake or Belgian waffle. 14.99 Substitute an organic oatmeal pancake topped with warm peach compote for 1.00

STUFFED FRENCH TOAST BREAKFAST*

Two thick slices of challah bread dipped in our signature batter, grilled, stuffed with sweet cream cheese and topped with raspberry sauce, honey crème anglaise, fresh strawberries and powdered sugar. Served with two eggs*, chicken sage sausage, and creamy dreamy grits. 15.99

BIGGIE IN A BLANKET

Two signature chicken sausage links dipped in buttermilk pancake batter, then fried and topped with powdered sugar. Served with “Moon-Dusted” potatoes & bourbon and bacon infused syrup for dipping. 12.99

BISCUIT EGGS AND GRAVY*

Two split biscuits topped with scrambled eggs* and chicken sausage gravy. 11.99

GAPEACHES & CREAM WAFFLE BREAKFAST*

Two eggs* served with chicken sage sausage, creamy dreamy grits, and a house-made golden Belgian waffle topped with warm peach compote, honey crème anglaise, and whipped cream. 15.99

FL SUNSHINE WAFFLE BREAKFAST*

Two eggs* served with chicken sage sausage, creamy dreamy grits, and a house-made golden Belgian waffle topped with strawberries, bananas, blueberries, and powdered sugar. 15.99

CHORIZO HASH*

“Moon-Dusted” breakfast potatoes topped with chicken chorizo, red and green peppers, onions, black beans, cheddar cheese, two over medium eggs*, tomatillo salsa and cilantro. 14.99

MEGGXICAN WRAP*

Spicy scramble of eggs*, cheddar cheese, onions and serrano peppers and chicken sausage wrapped in a sun-dried tomato tortilla, topped with warm salsa and a dollop of sour cream. Served with “Moon-Dusted” potatoes. 13.99

THREE AMIGOS BREAKFAST TACOS*

Three corn tortillas stuffed with scrambled eggs*, cheddar cheese, chicken chorizo, black bean salsa, and sour cream. Served with our signature dipping trio of queso, salsa verde, and house-made hot sauce. 14.99

PANCAKE TACOS*

Two buttermilk pancakes stuffed with four scrambled eggs* and choice of signature chicken sage sausage, applewood bacon or chicken chorizo and cheddar cheese. Served with our “Moon-Dusted” potatoes. 13.99

GF FLYING BISCUIT BREAKFAST*

Two eggs* served with two signature chicken sage sausage or three strips of bacon and creamy dreamy grits. 11.49

FUNKY CHICKEN BOWL

Two split biscuits, crispy buttermilk chicken, queso, and chicken sausage gravy. 14.99

GF STEAK AND EGGS*

8 oz flat iron steak* grilled to medium rare, served with two eggs* and creamy dreamy grits. 17.99

DROPS OF JUPITER

Two of our light and fluffy buttermilk pancakes topped with butter, served with syrup and a side of our creamy dreamy grits. 10.99
Sweeten your stack with chocolate chips, bananas, blueberries or strawberries for 1.00

BEST I EVER HAD

Two thick slices of French toast topped with raspberry sauce and honey crème anglaise. Served with creamy dreamy grits. 10.99

STRAWBERRY CHEESECAKE STUFFED FRENCH TOAST

Two thick slices of challah bread dipped in our signature batter, grilled, stuffed with sweet cream cheese and topped with raspberry sauce, honey crème anglaise, fresh strawberries and powdered sugar. Served with creamy dreamy grits. 11.99

BISCUIT BREAKFAST SANDWICHES*

Egg* 2.99 Egg* and cheese 3.49 Sausage 3.99
Bacon 3.99 Vegan sausage 4.99 Chicken 5.99
Add egg* or cheese additional charge.

BREAKFAST BURRITOS*

Bacon, egg* and cheese 6.99
Sausage, egg* and cheese 6.99
Southwest - chorizo, egg*, cheddar cheese and black bean salsa 7.99

MINI GRIT BREAKFAST BOWLS*

Sausage, egg* and cheese 8.99
Bacon, egg* and cheese 8.99
Chorizo, egg* and cheese 8.99

CHICKEN & WAFFLES

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A house-made golden waffle topped with crispy buttermilk chicken tenders. 11.99

HOT CHICKEN & WAFFLE

A house-made golden waffle topped with our signature **HOT** buttermilk chicken tenders. 12.99

DIRTY BIRD*

A house-made golden waffle, topped with crispy buttermilk chicken tenders, two over medium eggs* and chicken sausage gravy. 14.99

HOT DIRTY BIRD*

A house-made golden waffle, topped with our signature **HOT** buttermilk chicken tenders, two over medium eggs* and chicken sausage gravy. 15.99

HONEY BUTTER CHICKEN WAFFLE

A house-made golden waffle topped with crispy honey butter chicken tenders. 13.99

HOT HONEY BUTTER CHICKEN WAFFLE

A house-made golden waffle topped with crispy **HOT** honey butter chicken tenders. 14.99

“OH MY GRITS” BOWL* 12.99

Build your own bowl or omelette*. Choose any 4 toppings or add additional toppings for 1.49 each.
Make your own 3 egg* omelette, served with creamy dreamy grits. 12.99

PROTEIN

Two eggs* any style, turkey or pork bacon, chicken sausage, chorizo, Beyond sausage, tofu
Add shrimp or chopped smoked salmon 2.00 -
Additional egg* 1.00

CHEESE

White or yellow cheddar cheese, American cheese, goat cheese, parmesan
Add vegan mozzarella for \$1 upcharge.

VEGETABLES

“Moon-Dusted” potatoes, red and green peppers, spinach, diced tomatoes, white onions, mushrooms

SCRAMBLES & OMELETTES

GF SMOKED SALMON SCRAMBLE*

Three eggs* scrambled with chopped wood-smoked salmon and dill cream cheese. Served with creamy dreamy grits. 14.99

GF SOUTHERN SCRAMBLE*

Three eggs* scrambled with crispy applewood bacon, spicy vegan collard greens, onions and yellow cheddar cheese. Served with creamy dreamy grits. 12.99

GF PIEDMONT OMELETTE*

Three eggs*, signature chicken sage sausage, crispy applewood bacon, onions and yellow cheddar cheese. Served with creamy dreamy grits. 12.99

BENEDICTS

CLASSIC BENEDICT*

English muffin topped with Canadian bacon, two over medium eggs*, and hollandaise. Served with creamy dreamy grits. 12.49

FREEBIRD BENEDICT*

Split biscuit topped with crispy buttermilk chicken tenders, chicken sausage gravy, and drizzled with syrup. Served with “Moon-Dusted” potatoes. 13.99

SOUTHERN STYLE BENEDICT*

Split biscuit topped with pimento cheese, two over medium eggs*, crispy applewood bacon, hollandaise and chives. Served with creamy dreamy grits. 12.99

SIDES

ONE FLUFFY FLYING BISCUIT with cranberry apple butter 1.79

GF SIGNATURE CHICKEN SAGE SAUSAGE PATTIES OR LINKS (2 patties) 3.99

GF CRISPY ALL-NATURAL NITRATE FREE APPLEWOOD PORK BACON (3 strips) 3.99

GF CRISPY TURKEY BACON (3 strips) 3.99

V GF BEYOND BREAKFAST SAUSAGE PATTIES (2 patties) 4.99

CHICKEN SAUSAGE GRAVY cup 3.99 | bowl 5.99

ONE FLUFFY BUTTERMILK PANCAKE served with butter and syrup. 4.99

ONE BELGIAN WAFFLE 4.99

ONE ORGANIC OATMEAL PANCAKE served with peach compote. 5.99

ONE THICK SLICE OF FRENCH TOAST served with honey crème anglaise and raspberry sauce. 5.49

GF GRITS award-winning creamy, dreamy grits cup 3.99 | bowl 4.99

LOADED GRITS topped with queso and applewood bacon 4.99

V GF FRESH SEASONAL FRUIT cup 4.29 | bowl 5.99

V GF FRESH BERRIES cup 4.99 | bowl 6.99

YOGURT PARFAIT granola and berries 6.49

GF “MOON-DUSTED” POTATOES 3.99

LOADED POTATOES covered in queso and applewood bacon 4.99

BISCUIT & GRAVY 6.99

TOAST OR ENGLISH MUFFIN 1.49

GF TWO EGGS ANY STYLE* 2.99

GRILLED MAC & CHEESE 5.99

V GF SPICY VEGAN COLLARD GREENS 3.99

GF SAUTÉED SPINACH 3.99

GF TOSSED SIDE SALAD 3.99

SWEET POTATO FRIES 3.99

HOUSE SEASONED KETTLE CHIPS 3.49

LOADED CHIPS covered in queso and applewood bacon 4.99

QUESO cup 2.99 | bowl 4.99

V GF SLICED TOMATOES 1.99

V GF SLICED AVOCADO 3.99

GF *Gluten Friendly (Excluding Biscuit)*

V *Vegan*

VEGETARIAN AND VEGAN OPTIONS

GF V AÇAÍ SUPER BOWL

Açaí blended and topped with blueberries, blackberries, strawberries, banana, granola, coconut and chia seeds. 11.99

GF HOLLYWOOD OMELETTE*

Three egg* whites, spinach, mushrooms, and white cheddar cheese, topped with warm tomato coulis. Served with creamy dreamy grits. 12.99

V VEGAN TOFU WRAP

Marinated tofu, chopped romaine, tomatoes, red and green peppers, chopped fresh mushrooms, fresh basil and a spicy vegan chipotle sauce wrapped in a flour tortilla. Served with sweet potato fries. 12.99

BEYOND GRAVY BENEDICT*

Split biscuit topped with sautéed mushrooms, over medium eggs* or tofu and topped with Beyond sausage gravy. Served with “Moon-Dusted” potatoes. 11.99

CALIFORNIA DREAMER*

Sourdough toast topped with fresh smashed avocado, sprinkled with sea salt and diced tomatoes. Served with two eggs* and “Moon-Dusted” potatoes. 11.99

V BEYOND BURGER

1/4 pound patty, lettuce, avocado and vegan chipotle sauce served on a sesame seed bun. Served with sweet potato fries. 12.99

GF EGG-STRAORDINARY*

Two eggs* served with our “Moon-Dusted” potatoes, creamy dreamy grits. 10.99

GF GARDEN FRESH VEGGIE SCRAMBLE*

Three eggs* scrambled with onions, red and green peppers, spinach, mushrooms and white cheddar cheese. Served with creamy dreamy grits. 12.99

V VEGAN TOFU SCRAMBLE

Tofu scrambled with red and green peppers, onions, spinach and mushrooms. Served with fresh fruit. 11.99

GF V OATMEAL

Sprinkled with brown sugar and topped with berries. 5.99

AVOCADO TOAST

Sprinkled with EVOO, sea salt, Italian seasoning, red pepper flakes, diced tomatoes, red onion and balsamic reduction. 9.49

BREAKFAST TOAST

Whole wheat toast, creamy peanut butter, sliced bananas, honey drizzle and chia seeds. 5.99

BLACK BEAN BURGER

Black bean patty topped with sliced avocado, pepperjack cheese, red onion, tomato and spicy aioli on a sesame seed bun. Served with seasoned kettle chips 11.99

SONNY & SHARE

PIMENTO CHEESE FRITTERS

Spicy pimento cheese hand-breaded and flash fried. Served with a spicy aioli for dipping. 8.99

FRIED GREEN TOMATOES

Classic southern sliced green tomatoes breaded with cornmeal and topped with house-made cashew-jalapeño relish and tangy goat cheese. 8.99

MINI SHRIMP AND GRITS

Creamy dreamy white cheddar grits topped with blackened shrimp, applewood bacon, caramelized onions, fresh chives, and roasted tomato sauce. 9.99

BURGERS

All sandwiches and burgers are served with a choice of a side. You may substitute macaroni and cheese as a side for \$1.99. We will substitute a lettuce wrap or gluten free toast on any sandwich for no extra charge. **GF**

PATTY MELT*

1/2 lb black angus ground beef* cooked to order with crispy onion strings, white cheddar cheese, and FB burger sauce. Served on rye toast. 12.99

CLASSIC BURGER*

1/2 lb black angus patty* grilled and topped with FB burger sauce, American cheese, lettuce, tomato, red onion and pickle chips. Served on a brioche bun. 11.49
Add bacon 1.50

THE BREAKFAST BURGER*

1/2 lb black angus burger*, grilled and topped with applewood bacon, fried egg*, avocado, white cheddar cheese and FB burger sauce, on a toasted brioche bun. 12.99

SANDWICHES

All sandwiches and burgers are served with a choice of a side. You may substitute macaroni and cheese as a side for \$1.99. We will substitute a lettuce wrap or gluten free toast on any sandwich for no extra charge. **GF**

FRIED GREEN TOMATO BLT

Crispy applewood bacon, two fried green tomatoes, lettuce, cashew-jalapeño relish and goat cheese served on sourdough. 11.99

BUFFALO CHICKEN SANDWICH

Breaded chicken breast tossed in a spicy buffalo sauce and topped with pepperjack cheese and pickle chips. Served on a brioche bun. 12.99 Add bacon for 1.50

CHICKEN CLUB WRAP

Grilled chicken breast, applewood smoked pork bacon, cheddar cheese, lettuce, tomato and chipotle mayo wrapped in a sun-dried tomato tortilla. 11.99

PIMENTO CHEESE CLUB

Grilled pimento cheese, applewood bacon and thin-sliced tomato served on griddled sourdough. 11.99

SPICY CHICKEN QUESADILLA

Shredded chicken, serrano peppers, onions, black beans, red & green peppers and pepperjack cheese in a flour tortilla. Topped with salsa and sour cream. 10.99

TURKEY AVOCADO SANDWICH

Oven roasted turkey, sliced avocado, lettuce, tomato, and chipotle mayo served on sourdough toast. 12.99

BOWLS AND PLATES

Served with a fluffy flying biscuit.

BUTTERMILK CHICKEN TENDERS

Crispy buttermilk chicken tenders served with grilled macaroni and cheese, and spicy collard greens. 13.99

SHRIMP AND GRITS ENTRÉE

Creamy dreamy white cheddar grits topped with blackened shrimp, applewood bacon, caramelized onions, fresh chives, and roasted tomato sauce. 16.99

GF *Gluten Friendly (Excluding Biscuit)*

V *Vegan*

We do not claim that items marked as gluten-friendly are “gluten free” because we cannot confirm that they meet the FDA’s definition of “gluten free” (< 20 parts per million of gluten). Because we have multiple sources of gluten in our shared cooking and prep areas, we are unable to guarantee that any menu item can be completely free of gluten or allergens.

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WHEN PLACING YOUR ORDER AT THE FLYING BISCUIT CAFÉ, PLEASE ALERT THE MANAGER ON DUTY TO ANY FOOD ALLERGY OR SENSITIVITY. WE WILL THEN TRY OUR BEST TO AVOID ANY ACCIDENTAL CROSS-CONTACT, BUT CAN OFFER NO GUARANTEE AND ACCEPT NO LIABILITY. THE MORE INFORMATION RELATING TO YOUR SPECIFIC NEEDS YOU CAN PROVIDE, THE BETTER WE CAN ATTEMPT TO PROTECT AND PROVIDE YOU WITH A SAFE MEAL. THANK YOU!

*THESE ITEMS MAY BE SERVED RAW OR UNDERCOOKED. CONSUMING RAW OR UNDERCOOKED MEAT, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOOD-BORNE ILLNESS.